## 2025 Meals Brochure Schools





Making a real difference



## School Meals 2025

We are delighted to present our School meal range to you. Within this document you can view our full range of meals which are available to add to your menus.

## **Dietary information**

The dietary coding information for our meals are highlighted below. This document shows the correct dietary information at the time of publishing and is displayed to help you plan menus. Please check my apetito for up to date information when adding dishes to your menus.

### DF - Made without Milk

Meals marked with a dot in the DF column indicate meals where milk & milk derivatives are deliberately not used in a recipe. We take care to avoid any accidental inclusion, but very small amounts could be present, meaning they may not be suitable for someone living with a food allergy.

### **GF- Gluten Free**

A gluten free diet is essential for people with coeliac disease or dermatitis herpetiformis who are intolerant of the protein gluten found in wheat, rye, barley and for some, in oats. Treating these conditions involves following a strict gluten free diet. To help, we have a variety of gluten free main courses and desserts, prepared following strict criteria, to contain no more than 20 parts per million of gluten.

### V- Vegetarian

Our range of vegetarian individual and multi portion meals deliver a range of vital nutrients using beans, pulses, cheese, eggs, and Quorn. Our vegetarian meals are free from meat, fish, and their derivatives, including gelatine, but may contain products such as vegetable fats or oils, milk, vegetarian cheese (using vegetarian rennet) or eggs.

### V- Vegan (••)

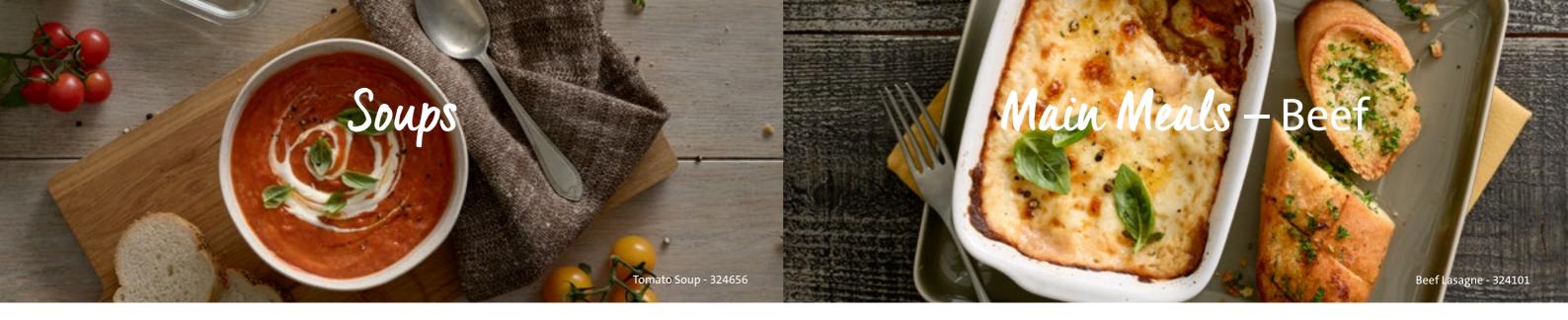
Our vegan meals are made without any animal products, including meat, fish, milk and their derivatives, eggs and animal fats. We do not use honey as an ingredient in any of our vegan dishes.





Sophia Cornelius, apetito Dietitian

"We believe it's essential for children to explore new and exciting flavours from an early age, helping them develop a lifelong healthy eating habits. Our chefs carefully prepare every school meal with kids in mind, using nutritious ingredients, flavours they enjoy, and quality you can trust."



	Product	Pack	Primary Portion		Die	etary I	nfo	
Product	code	size	Size	Senior Portion Size	DF	orietary In	V	
Minestrone Soup	324647	Large	10	8			••	
Millestrolle 30up	328647	Small	3	2				
Scotch Broth	324648	Large	10	8			••	
SCOLLII BIOLII	328648	Small	3	2				
Carrot & Coriander Soup	324652	Large	10	8				
Carrot & Conander Soup	328652	Small	3	2			•	
Pea & Ham Soup	324649	Large	10	8				
rea & паш зоир	328649	Small	3	2				
Mushroom Soup	324655	Large	10	8				
Mushroom soup	328655	Small	3	2			•	
Towards Cours	324656	Large	10	8			_	
omato Soup	328656	Small	3	2			•	
Last 9 Datata Carra	324657	Large	10	8				
Leek & Potato Soup	328657	Small	3	2			•	
Cuana of Chielen Saun	324662	Large	10	8				
Cream of Chicken Soup	328662	Small	3	2				
Variable Caus	324673	Large	10	8				
Vegetable Soup	328673	Small	3	2	•		••	
Red Lentil Broth	324676	Large	10	8				
Red Lentii Broth	328676	Small	3	2	•		••	
Taranta Dad Darmar V. Lantil Caus	324677	Large	10	8				
Tomato, Red Pepper & Lentil Soup	328677	Small	3	2	•	•	••	
Tamanta <sup>9</sup> . Dana Causa	324682	Large	8	8				
omato & Bean Soup	328682	Small	3	2	•	•	••	
V 1116	324679	Large	10	8				
Vegetable Soup Neg	w! 328679	Small	3	2	•	•	• •	

All our Soups are individually priced

Product	Product	Pack	Primary Portion	Carrian Dantian Sin	Die	etary In	fo
Product	code	size	Śize	Senior Portion Size	DF	GF	٧
Beef Lasagne	324101	Large	10	8			
Deer Lasagne	328101	Small	3	2			
Beef Casserole	324103	Large	12	10			
Deel Casserole	328103	Small	3	2	•	•	
Chilli Con Carne	324105	Large	12	10			
Crilli Con Carne	328105	Small	3	2	•	•	
Cottage Pie	324114	Large	10	8			
	328114	Small	3	2		•	
2 (2)	324115	Large	10	8			
Beef Bolognaise with Pasta	328115	Small	3	2	•		
Corned Beef Hash	324119	Large	10	8			
Corneu beer nasn	328119	Small	3	2	•	•	
Stock Die with Flake Destry Ten	324133	Large	10	8			
Steak Pie with Flaky Pastry Top	328133	Small	3	2	•		
Premium Roast Beef	324141	Large	8	8			
FIEIIIIIIII ROASE DEEI	328141	Small	2	2		•	
Poof Stow & Dumplings	324144	Large	8	8			
Beef Stew & Dumplings	328144	Small	2	2			
and Dala anaisa Causa	324146	Large	12	10			
Beef Bolognaise Sauce	328146	Small	3	2	•	•	

## Main Meals – Pork & Lamb

Roast Pork in Gravy - 324235

Product	Product	Pack	Drives w. Davtion Circ	Caniar Dartian Cita	Die	tary In	nfo
Product	code	size	Primary Portion Size	Senior Portion Size	DF	GF	V
Pork							
Deart Dealt in Course	324235	Large	8	8			
Roast Pork in Gravy	328235	Small	2	2	•		
Ovide a Lawrina	324217	Large	10	8			
Quiche Lorraine	328217	Small	3	2			
Park 9. Apple Cassarale	324225	Large	12	10			
Pork & Apple Casserole	328225	Small	3	2			
Sausages	324607	Large	6	6	•		
Pasta Carbonara	324620	Large	8	6			
Pasta Carbonara	328620	Small	3	2			
Sausage Casserole	324625	Large	12	10			
Jausage Casserole	328625	Small	3	2			
Pork Meatballs in Tomato & Herb Sauce	324626	Large	8	6			
POIR Meatballs III Ioillato & Helb Sauce	328626	Small	3	2			

Lamb						
Shepherds Pie	324312	Large	10	8		
Shepheras Pie	328312	Small	3	2	•	

## Main Meals — Poultry

Orange & Ginger Chicken- 324463

	Product	Pack	Primary Portion		Die	etary In	fo
Product	code	size	Size	Senior Portion Size	DF	GF	V
Sweet & Sour Chicken	324410	Large	12	10		_	
Sweet & Sour Chicken	328410	Small	3	2	•	•	
Chielean Course	324423	Large	12	10			
Chicken Curry	328423	Small	3	2	•	•	
Chicken & Vegetable Casserole	324429	Large	12	10	•		
Chicken & Vegetable Casserole	328429	Small	3	2	•	•	
Chicken Goujons Code & Portion Change	324472	Large	6	4			
Code & Portion Change	328472	Small	1.5	1	•		
Clical Boot Chicken in Course	324445	Large	10	8			
Sliced Roast Chicken in Gravy  [Improved!]	328445	Small	3	2	•	•	
	324457	Large	6	6			
Chicken Breast in Tomato & Basil Sauce	328457	Small	2	2	•	•	
	324449	Large	12	10			
Chicken Korma	328449	Small	3	2		•	
	324450	Large	10	8			
Baked Chicken & Vegetable Pie	328450	Small	3	2	•		
	324452	Large	8	6			
Chicken & Pasta with Tomatoes & Herbs	328452	Small	3	2	•		
	324453	Large	10	8			
Chicken & Sweetcorn Bake	328453	Small	3	2			
	324456	Large	12	10			
Chicken Tikka Masala	328456	Small	3	2		•	
	324461	Large	12	10			
Hunters Chicken	328461	Small	3	2		۰	
	324465	Large	10	8			
Cheesy Garlic Chicken Bake	328465	Small	3	2		۰	
Towards O Danville Children	324467	Large	10	8			
Tomato & Paprika Chicken	328467	Small	3	2	•	•	
Fajita Chicken Mix	324471	Large	8	6			
Fajita Chicken Mix New!	328471	Small	3	2	•	•	

## Main Meals – Fish Main Meals – Vegetarian & Vegan Salmon & Broccoli Bake - 324504 Main Meals – Vegetarian Group Shot

Deadust	Product	Pack	Primary Portion	Senior Portion Size	Dietary Info		
Product	code	size	Śize	Senior Portion Size	DF	GF	VV
Salmon & Broccoli Bake	324504	Large	10	8			
D 1-1 C-1	324505	Large	6	6			
Breaded Cod	328505	Small	2	2	•		
Fishcakes	324506	Large	8	8	•		
FISHCARES	328506	Small	2	2			
Tuna Pasta Bake	324508	Large	8	6			
Tuna Pasta Bake	328508	Small	3	2			
Fish Coviens	324528	Large	8	6			
Fish Goujons	328528	Small	3	2	•		
Smoked Haddock & Spinach	324532	Large	10	8			
Crumble	328532	Small	3	2			

D. J. J.	Product	Pack	Primary Portion	Sanian Partitor Sira	Die	etary Ir	nfo
Product	code	size	Size	Senior Portion Size	DF	GF	V
6 19 6	324701	Large	8	6			
Cauliflower Cheese	328701	Small	3	2		٠	•
V	324703	Large	10	8			
Vegetable Lasagne	328703	Small	3	2			•
Verstavian Cettara Die	324708	Large	10	8			
Vegetarian Cottage Pie	328708	Small	3	2		•	•
Macaroni Cheese	324977	Large	8	6			
Macaroni Crieese	328977	Small	3	2			•
Potato, Cheese & Leek Bake	324713	Large	10	8			
Potato, Cheese & Leek bake	328713	Small	3	2		•	•
Cauliflower & Broccoli Pasta	324715	Large	8	6			
Caulillower & Broccoll Pasta	328715	Small	3	2			•
Pakad Vagatable Die	324735	Large	10	8			
Baked Vegetable Pie	328735	Small	3	2			•
Penne Pasta in Tomato & Basil Sauce	324741	Large	8	6			
Perifie Pasta ifi Torriato & Basii Sauce	328741	Small	3	2	•		• •
Cheese & Onion Pie	324742	Large	10	8			
Crieese & Onion Pie	328742	Small	3	2			•
Vegetarian Tikka Masala	324743	Large	12	10			
vegetariari rikka Masaia	328743	Small	3	2		•	•
Moroccan Bean Casserole	324906	Large	12	10			• •
Moroccan bean casserole	328906	Small	3	2	•	•	••
Creamy Vegetable Cheese Bake	324917	Large	10	8			
Creamy vegetable cheese bake	328917	Small	3	2		•	•
Dlant Daniel Chambanda Dia	324929	Large	10	8			
Plant Based Shepherds Pie	328929	Small	3	2	•		• •
	324934	Large	10	8			
Cheese & Onion Quiche	328934	Small	3	2			•
Vegetable Quiche	324935	Large	10	8			
vegeranie duiciie	328935	Small	3	2			•

## Main Meals – Vegetarian & Vegan

Side Dishes - Vegetables

Minted Summer Vegetables- 32476

2007					Die	tary In	fo
Product	Product code	Pack size	Primary Portion Size	Senior Portion Size	DF	GF	V
D 6130	324943	Large	12	10			
Bean Chilli	328943	Small	3	2	•	•	••
Carlifference Carina de O Lambil Comm	324944	Large	10	8			
Cauliflower, Spinach & Lentil Curry	328944	Small	3	2	•	•	••
Tomato, Lentil & Sweet Potato	324945	Large	10	8			••
Crumble	328945	Small	3	2			
Lantil O. Vagatable Flaler Tannad Dia	324947	Large	10	8			
Lentil & Vegetable Flaky Topped Pie	328947	Small	3	2	•		••
Loutil Delegration	324979	Large	10	8			
Lentil Bolognaise	328979	Small	3	2	•	•	••
Katau Guma	324951	Large	12	10			
Katsu Curry	328951	Small	3	2	•		••
Meat Free Mushroom & Chicken	324953	Large	10	8			
Style Pie	328953	Small	3	2	•		••
Thei Ded Commonists Chiefen Style Dieses	324955	Large	12	10			
Thai Red Curry with Chicken Style Pieces	328955	Small	3	2	•		••
Vogetable Cratin	324956	Large	10	8			••
Vegetable Gratin	328956	Small	3	2	•		••
Vagar Book Vagata kia Bia	324958	Large	10	8			
Vegan Root Vegetable Pie	328958	Small	3	2	•		••
Towards Chinada & Conact Datata Hatmat	324966	Large	10	8			
Tempeh, Spinach & Sweet Potato Hotpot	328966	Small	3	2	•	•	••
Vagan Causagas	324967	Large	6	6			
Vegan Sausages	328967	Small	2	2	•		••
Tomato & Chickpea Gratin	324980	Large	10	6			
топпато о спіскреа отапп	328980	Small	3	2			
Chickpea Curry New!	324991	Large	10	8			
Chickpea Curry New!	328991	Small	3	2	•	•	••

	Product	Pack	Primary Portion		Die	etary In	ıfo	
Product	code	size	Size	Senior Portion Size	DF	GF	V	
D	324740	Large	10	8				
Broccoli	328740	Small	3	2	•	•	• •	
_	324756	Large	12	10				
Peas	328756	Small	3	2	•	•	• •	
	324757	Large	12	10				
Cabbage	328757	Small	3	2	•	•	••	
	324758	Large	10	8				
Cauliflower	328758	Small	3	2	•	•	• •	
	324759	Large	12	10				
Brussels Sprouts	328759	Small	3	2	•	•	••	
	324760	Large	12	10				
Carrot Tips	328760	Small	3	2	•	•	• •	
	324761	Large	12	10				
Cut Green Beans	328761	Small	3	2	•	•	••	
	324762	Large	12	10				
Mixed Vegetables	328762	Small	3	2	•	•	••	
	324763	Large	12	10		•		
Mushy Peas	328763	Small	3	2	•		••	
	324764	Large	12	10				
Sliced Carrots	328764	Small	3	2	•	•	••	
	324768	Large	12	10				
Minted Summer Vegetables	328768	Small	3	2	•	•	••	
	324769	Large	12	10				
Baked Beans	328769	Small	3	2	•	•	••	
	324770	Large	12	10				
Vegetable Medley	328770	Small	3	2	•	•	• •	
	324771	Large	10	8				
Mashed Swede	328771	Small	3	2	•	•	• •	
	324775	Large	12	10				
Sweetcorn	328775	Small	3	2	•	•	••	
	324791	Large	10	8				
Mashed Root Vegetables	328791	Small	3	2	•	•	••	
Broccoli (large florets)	324920	Large	8	6	•		• •	
z.occo (m/gc norces)	324949		10	8				
Root Vegetable Medley	324949	Large Small	3	2	•		• •	
	328949		12	10				
Spring Vegetable Medley	324964	Large			•		• •	
	328964	Small	3	2				

# Side Dishes - Potatoes & Rice Accompaniments Assertion of side dishes

D. 1. 1	Product	Pack	Primary Portion	c : D !: C:	Di	etary In	ıfo		
Product	code	size	Size	Senior Portion Size	DF	GF	V		
5 1/5 1 1	324745	Large	6	6					
Sauté Potatoes	328745	Small	3	2	•	٠	••		
2 " 12	324752	Large	8	6					
Boiled Potatoes	328752	Small	3	2	•	٠	••		
6 11 2 1 1	324754	Large	6	6					
Croquette Potatoes	328754	Small	3	2	•	٠	••		
White Dies	324765	Large	8	6					
White Rice	328765	Small	3	2	•	٠	••		
We note his Disc	324779	Large	8	6					
Vegetable Rice	328779	Small	3	2	•	•	••		
Colleg Deserting Detectors	324780	Large	8	6					
Golden Roasting Potatoes	328780	Small	3	2	•	•	••		
March of Dotate	324787	Large	12	10					
Mashed Potato	328787	Small	3	2		•	•		
Datata Wadana	324789	Large	8	6					
Potato Wedges	328789	Small	3	2	•	•	••		
Colcannon Mash	324909	Large	12	10			••		
Colcannon Mash	328909	Small	3	2	•	•	••		
Basmati Yellow Rice	324916	Large	8	6					
Dasmati fellow Rice	328916	Small	3	2	•	•	••		
Hash Browns	324928	Large	10	10			••		
TI ASTI DIOWIIS	328928	Small	3	2	·		••		
Baby Potatoes	324970	Large	6	6			••		
baby Polatoes	328970	Small	3	2	•	•	••		
Penne Pasta	324971	Large	6	6			••		
refille Pasta	328971	Small	3	2	·		••		
Oven Chips	324972	Large	6	6			••		
Oven Chips	328972	Small	3	2					
Wholegrain Rice	324976	Large	8	6			••		
wholegram rice	328976	Small	3	2		·			

Product	Product	Pack	Primary Portion Size	Senior Portion Size	Dietary Info		
Product	code	size		Senior Portion Size	DF	GF	V
Yorkshire Puddings*	255100	Bag	25	25			•
Cuara	324777	Large	12	10			
Gravy	328777	Small	3	3	•		••
Sage & Onion Stuffing	328792	Small	10	8	•		•
Ready Baked Jacket Potatoes (Portion Per Bag)*	255122	Bag	45	45	•	•	••

All our Accompaniments are individually priced
\*Please note our Yorkshire Puddings (255100) are sold as 25 per bag. 4 bags are in a case



	Product	Pack	Primary Portion		Di	etary In	fo
Product	code	size	Size	Senior Portion Size	DF	GF	V
Sausages	324607	Large	6	6	•		
Vegan Causages	324967	Large	6	6			
Vegan Sausages	328967	Small	2	2	•		••
Creamy Porridge	324681	Large	10	8			•
Caramahlad Fara	324720	Large	10	8			
Scrambled Eggs	328720	Small	3	2		•	•
Hash Browns	324928	Large	12	6			
Hasti Diowiis	328928	Small	4	2	·		• •

•• Indicates meals suitable for a vegan diet.



Product	Product	Pack size	Primary Portion		Dietary Info			
	code		Size	Senior Portion Size	DF	GF	V	
Pies & Crumbles								
Apple Pie	324859	Large	12	10				
	328859	Small	3	2	•		••	
Apple Crumble	324801	Large	12	10			••	
	328801	Small	3	2			••	
Apricot Crumble	324831	Large	12	10			• •	
Apricot Crumble	328831	Small	3	2	•		••	
Mixed Fruit Pie	324808	Large	12	10	•		• •	
Mixed Fruit Pie	328808	Small	3	2			••	
Sponges								
Apple Sponge	324805	Large	12	10	•			
	328805	Small	3	2			•	
Charalata Chin Changa	324806	Large	12	10				
Chocolate Chip Sponge	328806	Small	3	2	•		•	
Surun Changa	324811	Large	12	10				
Syrup Sponge	328811	Small	3	2				
Jam Sponge	324818	Large	12	10				
Jam Sponge	328818	Small	3	2				
Summar Eruit Spanga	324836	Large	12	10				
Summer Fruit Sponge	328836	Small	3	2	•			
Pineapple Sponge	324851	Large	12	10				
	328851	Small	3	2	•			
Lemon Flavour Sponge	324867	Large	12	10				
remon navour sponge	328867	Small	3	2				
Glutan Free Chocolate Sponge	324894	Large	12	10				
Gluten Free Chocolate Sponge	328894	Small	3	2				

Product	Product	Pack	Primary Portion	Senior Portion Size	Dietary Info			
Product	code	size	Size	Sellioi Portion Size	DF	GF	V	
Pudding								
Spotted Dick	324816	Large	12	10				
	328816	Small	3	2			•	
Ginger Pudding with Orange Sauce	324817	Large	12	10				
	328817	Small	3	2			•	
Pakowall Tart	324823	Large	12	10				
Bakewell Tart	328823	Small	3	2	•		•	
Somerset Apple Cake [Improved!]	324842	Large	16	14				
	328842	Small	6	4	•		•	
	324843	Large	12	10				
Rhubarb & Ginger Sponge	328843	Small	3	2	•	•	•	
Milk Pudding								
	324824	Large	12	10				
Chef's Rice Pudding	328824	Small	3	2		•	•	
Consoling Dudding	324833	Large	12	10				
Semolina Pudding	328833	Small	3	2			•	
Cooked Fruit								
Channel Ample	324863	Large	12	10				
Stewed Apple	328863	Small	3	2	•	•	• •	

•• Indicates meals suitable for a vegan diet.



	Product	Pack	Primary Portion	Senior Portion	Units	Dietary Info			
Product	code	size	Size (Per Box)	Size (Per Box)	per case	DF	GF	V	
Vanilla Flavoured Ice Cream	292172	Indiv	36	36	36		•	•	
Chocolate Ice Cream	292170	Indiv	36	36	36		۰	•	
Strawberry Flavoured Ice Cream	292171	Indiv	36	36	36		۰	•	
Strawberry Sundae	292120	Indiv	15	15	15		۰	•	
Caramel Sundae	292121	Indiv	15	15	15		۰	•	
Blackcurrant Cheesecake	292122	Indiv	24	24	24			•	
Chocolate Mousse	292124	Indiv	18	18	18		۰	•	
Strawberry Mousse	292125	Indiv	18	18	18		۰	•	
Strawberry Cheesecake	292126	Indiv	24	24	24			•	
Raspberry Dessert	292127	Indiv	27	27	27		•	•	
Apricot & Peach Dessert	292128	Indiv	27	27	27		۰	•	
Chocolate Eclairs	292399	5	45	45	45			•	
Fruit Cocktail	292419	Indiv	24	24	24	•	۰	• •	
Creme Caramel	292141	Indiv	16	16	16			•	
Strawberries in Clotted Cream Ice Cream	292143	Indiv	12	12	12		•	•	
Strawberry Trifle	292148	Indiv	16	16	16			•	
Raspberry Trifle	292149	Indiv	16	16	16			•	
Raspberry Ripple in Clotted Cream Ice Cream	292152	Indiv	12	12	12		•	•	
Clotted Cream Ice Cream	292456	Indiv	12	12	12		۰	•	

Day door	Product	11-4	Primary Portion	Senior Portion Size	Dietary In		fo
Product	code	Units per case	Size (Per Cake)	(Per Cake)	DF	GF	V
Lemon Drizzle Cake	293006	20	3	3	•		•
Ginger Drizzle Cake	293009	20	3	3	•		•
Chocolate Cake (Small)	293010	20	1	1	•		•
Large Lemon Drizzle Cake	293012	10	6	4	•		•
Large Country Cake	293015	10	6	4	•		•
Large Cherry & Almond Cake	293030	10	6	4	•		•
Chocolate Chip Muffin	293016	20	2	1	•		•



	Product	Primary Portion	Senior Portion Size	Dietary Info		
Product	code	Size (Per Box)	(Per Box)	DF	GF	V
Steak Slice (improved product coming April 2025)	214100	26	26	•		
Chicken & Mushroom Slice (improved product coming April 2025)	214101	26	26			
Traditional Pasty	214104	22	22	•		
Potato, Cheese & Onion Pasty	214105	36	36			•
Sausage Roll New!	292605	50	50			
Bacon & Cheese Turnover (improved product coming April 2025)	214107	30	30			

All our Cakes & Savoury Pastries are individually priced

### All our Cold Desserts are individually priced

•• Indicates meals suitable for a vegan diet.

## For more information please contact your dedicated Account Manager, or Education@apetito.co.uk

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